

Early Learning Goals	Learning Objectives	Learning Activities/Experiences
<ul style="list-style-type: none"> • Moving and handling: children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing. • Health and self-care: children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently. 	<ul style="list-style-type: none"> • Run safely on whole foot • Squat with steadiness to rest or play with an object on the ground and rise to feet without using hands • Climb confidently and pull themselves up on play equipment • Kick a large ball • Turn pages in a book • Show control in using jugs to pour, hammers, books and mark making tools • Begin to use 3 fingers to hold writing tools • Imitates drawing simple shapes such as circles and lines • Begin to show preference for dominant hand • Move freely with pleasure and confidence in a range of ways • Run skilfully and negotiate space successfully • Use one handed tools and equipment • Copy some letters • Drink without spilling • Clearly communicate their need for the toilet • Recognise danger and seek the support of an adult • Dress with help • Wash and dry hands • Understand how to use tools and equipment safely • Tell adults when hungry or tired 	<p>P.E. sessions with David Wise. Gymnastics – learning different balances and rolls such as pencil rolls, egg rolls etc</p> <p>Dance sessions with Miss Maria. Practise stretching, balancing, galloping, jumping and perform dance routines for parents on 22nd November.</p> <p>Explore what hands can do to squeeze, roll and flatten play dough. Use toy, bonfire night and Christmas playdough mats e.g put the arms on the teddy, make a face for the spacehopper. Free play in the playdough with an assortment of equipment.</p> <p>Use small world and construction toys – give tasks e.g. make a garage for the cars or a house for the people.</p> <p>Use a range of equipment in the sand and water to develop physical skills and hand/eye coordination</p> <p>Use climbing equipment outside for sliding, crawling, climbing and jumping</p> <p>Cut along straight and curved lines, holding scissors correctly. Cut of parts of a bear or a toy and join with split pins.</p> <p>Use threading activities to develop hand eye coordination – threading poppies for a display and making simple hand puppets (painting and collaging a pre made puppet in Nursery and sewing a puppet in Reception)</p> <p>Hold pens and pencils with a tripod grip and improving control. Use pencil control sheets to follow a line.</p> <p>Write letters with an emphasis on correct formation –</p>

Medium Term Planning
PRIME AREA - Physical Development

Nursery & Reception **St Michael's Nursery & Infant School**
Autumn 2 **Toys, Guy Fawkes, Remembrance & Christmas** **Caroline Sloan**

		<p>focus on letter families in Reception. Use a variety of mark making equipment – brushes, squeeze bottles, chinks, pens, sponges etc Go to the toilet and wash hands independently Drink carefully from a cup at snack/lunchtimes Communicate needs e.g. hunger, tiredness, feeling unwell Become more independent when changing for P.E. and putting on hats, coats, gloves etc. Begin to fasten zips and buttons.</p>
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