

Medium Term Planning Nursery St Michael's Nursery & Infant School
PRIME AREA - Physical Development Summer 1 People who help us C.Sloan

Early Learning Goals	Learning Objectives	Learning Activities/Experiences
<ul style="list-style-type: none"> • Moving and handling: children show good control and co-ordination in large and small movements. They move confidently in a range of ways, safely negotiating space. They handle equipment and tools effectively, including pencils for writing. • Health and self-care: children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe. They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently. 	<p>Moves freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping.</p> <p>Mounts stairs, steps or climbing equipment using alternate feet.</p> <p>Walks downstairs, two feet to each step while carrying a small object.</p> <p>Runs skilfully and negotiates space successfully, adjusting speed or direction to avoid obstacles.</p> <p>Can catch and kick a large ball.</p> <p>Draws lines and circles using gross motor movements.</p> <p>Uses one-handed tools and equipment, e.g. makes snips in paper with child scissors.</p> <p>Holds pencil between thumb and two fingers, no longer using whole-hand grasp.</p> <p>Holds pencil near point between first two fingers and thumb and uses it with good control.</p> <p>Can copy some letters, e.g. letters from their name.</p> <p>Negotiates space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.</p> <p>Travels with confidence and skill around, under, over and through balancing and climbing equipment.</p> <p>Uses simple tools to effect changes to materials.</p>	<p>Move in different ways – running, avoiding other children. Dance with Miss Maria – Tuesday mornings</p> <p>Use climbing equipment outside for sliding, crawling, climbing and jumping.</p> <p>P.E. with coach David. Sports day practise.</p> <p>P.E. with Coach Rob – multi skills.</p> <p>Dance with Miss Rachel.</p> <p>People who help us colouring pictures and stencils of vehicles on writing tables.</p> <p>Cut along straight and curved lines, holding scissors correctly. Use pens and scissors to complete simple jigsaws and make split pin characters.</p> <p>Hold pens and pencils with a tripod grip and improving control Taking our finger prints like the police do – Show the children some pictures of fingerprints, ask why they take fingerprints? Then take our own fingerprints using paper and ink pads.</p> <p>Threading strings of fine beads on elastic to develop hand eye coordination.</p> <p>Use a range of other funky finger activities.</p> <p>Enjoy small world play with garage, fire station and vehicles.</p> <p>Use people who help us playdough mats</p> <p>Write letters (regular practice of name).</p> <p>Use a variety of mark making equipment – brushes, squeezey bottles, chalks, pens, sponges etc.</p>

Medium Term Planning Nursery St Michael's Nursery & Infant School
PRIME AREA - Physical Development Summer 1 People who help us C.Sloan

	<p>Handles tools, objects, construction and malleable materials safely and with increasing control. Shows a preference for a dominant hand. Begins to use anticlockwise movement and retrace vertical lines. Begins to form recognisable letters. Uses a pencil and holds it effectively to form recognisable letters, most of which are correctly formed. Can usually manage washing and drying hands. Dresses with help, e.g. puts arms into open-fronted coat or shirt when held up, pulls up own trousers, and pulls up zipper once it is fastened at the bottom. Eats a healthy range of foodstuffs and understands need for variety in food. Shows some understanding that good practices with regard to exercise, eating, sleeping and hygiene can contribute to good health. Shows understanding of the need for safety when tackling new challenges and considers and manages some risks.</p>	<p>Go to the toilet and wash hands independently. Drink carefully from a cup at snack/lunchtimes. Communicate needs e.g. hunger, tiredness, feeling unwell Change independently for P.E. and fasten coats, put on scarf, gloves etc Try new foods at lunchtimes/snack times, understanding why they need to choose fruit, vegetables/salad bar as part of a healthy diet. Link this with dentist visit and caring for our teeth Be aware of others when using the climbing frame, balls, bikes etc. Use tools correctly. E.g. Correct holding of scissors and pens. Talk about healthy eating in conjunction with work on Dentists.</p>
--	---	--