



# ST MICHAEL'S WORKINGTON

## WEEK 3



### CHOICE 1



### PUDDING

Monday



**Pasta Bolognaise**  
served with Garlic Bread and Salad

**Chocolate Mousse**  
or  
Fresh Fruit

Tuesday



**Homemade Sausage Roll**  
served with Mashed Potatoes, Sweetcorn and Gravy

**Rice Pudding**  
or  
Fresh Fruit or Yoghurt

Wednesday



**Roast Turkey**  
served with Roast Potatoes,  
Brussel Sprouts, Carrots and Gravy

**Chocolate Muffin**  
or  
Fresh Fruit or Frozen Yoghurt

Thursday



**Sweet & Sour Chicken**  
served with Rice and Naan Bread

**Iced Lemon Cake and Cream**  
or  
Fresh Fruit or Yoghurt

Friday



**Breaded Fish Fillet**  
served with Chips, Mushy Peas and Tomato Ketchup

**Frozen Yoghurt**  
or  
Fresh Fruit

**Available Daily: Fresh Fruit and Bread!**



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If you have any questions about food allergens please speak to the kitchen team who will be happy to help