



ST MICHAEL'S WORKINGTON

WEEK 1



CHOICE 1



PUDDING

Monday

Sweet & Sour Chicken Chunks
served with Noodles,
Broccoli and Carrots

Chocolate Crunch
or
Fresh Fruit or Frozen Yoghurt

Tuesday

Beef Burger in a Bun
served with Potato Wedges
and Beans

Iced Sponge and Custard
or
Fresh Fruit or Yoghurt

Wednesday

Roast Beef & Yorkshire Pudding
served with Roast Potatoes,
Carrots, Green Beans and Gravy

Chocolate Muffin
or
Fresh Fruit or Frozen Yoghurt

Thursday

Kitchen Made Sausage Roll
served with Mashed Potatoes,
Sweetcorn and Gravy

Krispie Cake
or
Fresh Fruit or Yoghurt

Friday

Fish Fingers
served with Oven Chips
and Peas

Frozen Yoghurt
or
Fresh Fruit

Available Daily: Fresh Fruit and Bread!

If you have any questions about food allergens please speak to the kitchen team who will be happy to help

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