



ST MICHAEL'S WORKINGTON WEEK 1

Freshly
made
every day!

DAY

CHOICE 1



PUDDING



Monday

Meatballs in Tomato Sauce
served with Pasta, Garlic Bread and Sweetcorn

Frozen Yoghurts
or
Fresh Fruit

Tuesday

Sweet & Sour Chicken Chunks
served with Rice, Naan Bread and Salad

Fruit Crumble and Custard
or
Yoghurt or Fresh Fruit



Wednesday

Homemade Beef Stew
served with Mashed Potatoes

Blueberry Muffin
or
Frozen Yoghurt or Fresh Fruit

Thursday

Homemade Bolognese
served with Spaghetti

Carrot Cake and Custard
or
Yoghurt or Fresh Fruit

Friday

Fish Goujons in a Wrap
served with Oven Chips and Beans

Frozen Yoghurt
or
Fresh Fruit



Available Daily: Fresh Fruit and Bread!



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