



Cumberland  
Council



# What's On

## Workington Library

### and surrounding areas

**September 2024**

- **Aspatria**
- **Cockermouth**
- **Keswick**
- **Maryport**
- **Seaton**
- **Silloth**
- **Wigton**
- **Workington**

Contact us

Email:

[workington.library@cumberland.gov.uk](mailto:workington.library@cumberland.gov.uk)

Phone: 01900 706170



Cumberland Libraries



Cumberland  
Council

# Welcome to Workington Community Hub



Workington Library is now hosting the newly launched Community Hub pilot.

This is a new initiative by Cumberland Council to increase public access to services, both its own and those in the third sectors and sees space set aside for different groups and organisations to meet with and help members of the community in many different areas.

The hub has been live for six weeks and has already seen great success with Macmillan Cancer Support, The Social prescribing team offering free health and well-being support, as well as the councils customer service team offering help with blue badge applications and other funding all seeing lots of interest from the public.



The timetable will keep on growing with many more services going live in September and October.



Keep an eye on our digital screen in reception for more info.

# Regular events at Workington Library

## Mindful Mondays

Monday - 3pm-4:30pm  
Colour yourself to calm. Join us every Monday for the soothing art of colouring.

## Story Tots

Tuesday - 10:30am-11am Fun interactive session for under 5s and their grown-ups.

## Databank

Tuesday - by appointment only  
If you're struggling to afford an internet connection or to top up your mobile phone, then the National Databank can help you.

## Loose Ends

Tuesday - Fortnightly  
11:30am-1:30pm  
Do you have a visual impairment or sight loss? Come along and join the group for social connection and support.

## Carer Support Clinic

Tuesday - by appointment only  
If you care for someone who couldn't manage without your support you may be eligible for benefit payments.

To book call: 01900 821976

## Police Drop-in Surgery

Wednesday 18 September  
12pm-1pm

Come along to discuss any policing and community issues in your area.

## Social @ the Library

First Wednesday - 1pm-2:30pm  
Come along meet new people, make friends, chat, and have a laugh. Everyone is welcome.

Scan this QR code to book on to our current events and see what else is on offer



# Regular events at Workington Library

## **Intergenerational Chess Club**

Wednesday - 4pm-5:30pm

Come and play chess in a friendly atmosphere. Boards and pieces are provided, and all ages 8+ and abilities welcome.

## **English Cafe**

Thursday - 10am-12pm

A friendly environment to practice your English, play games, have a coffee and explore our resources.

## **Rhyme Time**

Friday - 11am - 11:30am

Fun interactive session for babies and toddlers.

## **Cumbria Safe Haven Mental Health Support Group**

Friday - 1:30pm-4pm

A safe and comfortable environment for you to talk about anything and get some advice and guidance where needed. It's free to access for anyone aged 18 and over. No appointment is required, just come along.

Everyone is welcome!

## **Lego Time**

Saturday - 10am-11:30am

Lego themed fun for children over 5 and their grown-ups!

## **Board Games**

Join us for some fun and competitive board gaming. Drop-in anytime!

## **Piece and Quiet**

Join us anytime and immerse yourself in a jigsaw puzzle.

Scan this QR code to book on to our current events and see what else is on offer



# Regular events at Cockermouth Library

## **Databank**

Second Monday - by appointment only

If you're struggling to afford an internet connection or to top up your mobile phone, then the National Databank can help you.

## **Police Drop-in Surgery**

Monday 23 September - 2-3pm

Come along to discuss any policing and community issues in your area.

## **T'Gether Help Desk**

Tuesday - 10am-1pm

Drop-in for information, advice, signposting, and support available to you in and around Cockermouth.

## **Toddler Tales**

Thursday - 10:30-11am

Come along and listen to stories in the library every Thursday morning, followed by nursery rhymes with percussion instruments. Term time only.

## **Scrabble**

Thursday - 2pm

Come along and play scrabble, chat and meet new people.

## **Piece and Quiet**

Join us anytime and immerse yourself in a jigsaw puzzle.

## **Board Games**

Join us anytime for some fun and competitive board gaming.

## **Internet Tasters**

By appointment only

Do you have questions about technology? Would you like help getting started online? For help speak to a member of staff to book one of our taster sessions.

Scan this QR code to book on to our current events and see what else is on offer



# Regular events at Keswick Library

## **Mindful Mondays**

Monday - 3pm-4:30pm  
Colour yourself to calm. Join us every Monday for the soothing art of colouring.

## **Two's Company**

Tuesday - from 9:30am  
Befriending service for those requiring extra friendship and support. For more information contact: 07832858537

## **Police Drop-in Surgery**

Wednesday 25 September -  
10am-11am  
Come along to discuss any policing and community issues in your area

## **Keswick Area Food Share**

Wednesday - 10am-1pm  
Community food hub, open to everyone in the CA12 postcode area. No appointment needed, just come along.

## **Carer Support Clinic**

Thursday - by appointment only  
If you care for someone who couldn't manage without your support you may be eligible for benefit payments. To book call: 01900 821976

## **Craft & Chat**

Wednesday - 10:30am-12pm  
Bring along your own craft project to our friendly group. Come along and meet new people, everyone welcome.

## **Databank**

Second Wednesday - by appointment only. If you're struggling to afford an internet connection or to top up your mobile phone, then the National Databank can help you.

## **Lego Time**

Wednesday - 3:45pm-4:45pm  
Lego themed fun for children over 5 and their grown-ups!

## **Health and Wellbeing**

### **Coach Clinic**

Wednesday - by appointment only  
Support and guidance from a Cumberland Council Health and Wellbeing Coach.

### **Board Games**

Join us for some fun and competitive board gaming. Drop-in anytime!

### **Piece and Quiet**

Join us anytime and immerse yourself in a jigsaw puzzle.

# Regular events at Maryport Library

## **Mindful Mondays**

Monday - 3pm-4:30pm  
Colour yourself to calm. Join us every Monday for the soothing art of colouring.

## **Police Drop-in Surgery**

Monday 2 September - 3pm-4pm  
Come along to discuss any policing and community issues in your area.

## **Maryport Book Club**

First Tuesday - 2pm - 3pm  
Friendly reading group, meet on the first Tuesday of the month. New members welcome.

## **Beyond the Bump**

Wednesday - 9:30am - 10:30am  
Come along to connect with other new parents, swap tips, and enjoy complimentary refreshments.

## **Craft & Chat**

Wednesday - 1:30pm-3:30pm  
Friendly craft club. Come along and meet new people, everyone welcome.

## **Carer Support Clinic**

Thursday - by appointment only  
If you care for someone who couldn't manage without your support you may be eligible for benefit payments.

To book call: 01900 821976

## **Databank**

Third Thursday - by appointment only

If you're struggling to afford an internet connection or to top up your mobile phone, then the National Databank can help you.

## **Lego Time**

Saturday - 10am-11:30am  
Lego themed fun for children over 5 and their grown-ups!

## **Board Games**

Join us for some fun and competitive board gaming. Drop-in anytime!

## **Piece and Quiet**

Join us anytime and immerse yourself in a jigsaw puzzle.

# Regular events at Seaton Library

## **Mindful Mondays**

Monday - 3pm-4:30pm  
Colour yourself to calm. Join us every Monday for the soothing art of colouring.

## **Lego Time**

Monday - 3:30pm-4:30pm  
Lego themed fun for children over 5 and their grown-ups!

## **Police Drop-in Surgery**

Monday 2 September 2pm-3pm  
and Thursday 19 September 11am-12:30pm

Come along to discuss any policing and community issues in your area.

Please speak to a member of staff about the next drop-in.

## **Scrabble Club**

Tuesday - 2pm-4pm  
Come along and play scrabble, chat and meet new people

## **Board Games**

Join us for some fun and competitive board gaming. Drop-in anytime!

## **Piece and Quiet**

Join us anytime and immerse yourself in a jigsaw puzzle.

Scan this QR code to book on to our current events and see what else is on offer





# Regular events at Silloth Library

## Mindful Mondays

Monday - 2pm-3:30pm  
Colour yourself to calm. Join us every Monday for the soothing art of colouring.

## Carer Support Clinic

Wednesday - by appointment only  
If you care for someone who couldn't manage without your support you may be eligible for benefit payments. To book call: 01900 821976

## Backgammon

Wednesday - 1:30pm - 3:30pm  
Come along and play, chat and meet new people. All ages and abilities welcome

## Scrabble Club

Friday - 10:30am-1pm  
Come along and play scrabble, chat and meet new people.

## Lego Time

Saturday - 11am-12pm  
Lego themed fun for children over 5 and their grown-ups!

## Board Games

Join us for some fun and competitive board gaming. Drop-in anytime!

## Piece and Quiet

Join us anytime and immerse yourself in a jigsaw puzzle.

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# Regular events at Wigton Library

## Mindful Mondays

Monday - 3pm-4:30pm  
Colour yourself to calm. Join us every Monday for the soothing art of colouring.

## Cumbria Hearing Aid Drop-in

Monday 23 September - 2-4pm  
Advice on maintenance and looking after your hearing aids.

## Creative Wellbeing

Tuesday - 2pm-4pm  
Come and join your local NHS Living Well Coach, play old school board games or do some craft, enjoy a cuppa with some company and have some fun!

## Writing for Pleasure

Last Thursday - 10:30am-12pm  
Would you like to meet fellow writers? Join us on the last Thursday of the month. Bring your creativity and lots of words.

## Lego Time

Thursday - 3:15pm-4:30pm  
Lego themed fun for children over 5 and their grown-ups!

## Knit and Natter

Friday - 1pm-2:30pm  
Get together on the first and third Friday for a chat, bring your own craft project.

## Police Drop-in Surgery

Saturday 7 September 10am-12pm  
Come along to discuss any policing and community issues in your area.

## Board Games

Join us for some fun and competitive board gaming. Drop-in anytime!

## Piece and Quiet

Join us anytime and immerse yourself in a jigsaw puzzle.

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# Aspatria Library

The new library includes:

- Fresh, contemporary library space offering a wide range of services
- Fantastic new children's library designed to inspire and engage young readers
- PC station with access to computers and internet for all visitors
- Multipurpose room for community programmes like Adult Learning courses and Health and Wellbeing sessions

To let us know what groups and activities you would like in the library please speak to a member of staff

Contact us



## Free course in Mental Health & Well-being Taster Session

Thursday 12 September 1pm-3pm

This 2 hour workshop will enhance your knowledge of the terms 'mental health' and 'well-being'

## Level 1 Mental Health and Well-being

Thursday 19 September until Thursday 17 October 1pm-3pm

This short qualification course will enhance your knowledge of the terms 'mental health' and 'well-being', different types of conditions and the support available.

For more information or to enrol contact:  
[workingtonadultlearning@cumberland.gov.uk](mailto:workingtonadultlearning@cumberland.gov.uk)  
Tel: 01900 706023 or scan the QR code



THE  
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Remember to finish the  
**Summer Reading Challenge**

2024

# Summer Reading Challenge

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[summerreadingchallenge.org.uk](https://summerreadingchallenge.org.uk)

Last day to collect your rewards

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